

St. Ann's Religious Education

The Holy Trinity

Clinton, our Confirmation teacher, has taken the time to help you understand the Holy trinity.



Nature: What you are. You are a human being.

Person: Who you are. Jason, or Manuel, or Maria, etc.

Nature of the Trinity is God.

That is what the Trinity is. If the question is “What is the Trinity?” the answer is God. If the question is “who is the Trinity?” the answer is Father, Son, and Holy Spirit or being, knowledge and Love.

Person is Father, Son, and Holy Spirit. But there is no gender in the Trinity so that language is confusing. Jesus used it to suggest familiarity—“dada”. In his time Jewish peoples did not believe you could have intimacy with God—God’s transcendence was over exaggerated. Jesus used that language to shock people.

The Father is pure being—being itself. Son is knowledge, or the Word of God, the consciousness of God or Logos, the Holy Spirit is the breath of God or the Spirit of God.

All members of the Trinity are equal, the Godhead is not divided up between the three. All three are equally God. But the Father has this one attribute above the rest—that the Father is the source of being. Imagine the Trinity is an engine with three pistons humming along. The Father is the piston that causes the others to move but there was never a time when they were not all moving. The father confers being on the Son and the Holy Spirit but there was never a time when there was not a Holy Spirit or The Son or Logos.

Human beings are comprised of:

- One nature: human.
- One person: Maria

Trinity is comprised of:

- Trinity is one nature—God.
- 3 persons, father, son, holy spirit.

Jesus is:

- Two natures: fully God and fully human.
- One person: The Son or Logos.

Experiencing the Trinity in a profound way can be described as the awareness of pure being which causes Love. Awareness—logos, consciousness, love is the Holy Spirit. Pure being is the Father. So, our spirituality is Trinitarian also.