

Saint Ann's Parish

Religious Education Handbook



Church Contact Information

Address: 450 East 2100 South, Salt Lake City, UT 84115

Website: <https://www.saintannsaltlakecity.com/>

Phone: (801) 487-1000

Clergy: Rev. Omar Ontiveros

Service Times

- Masses in English: Saturday, 5:00 pm; Sunday, 9:00 am, 11:00 am
- Masses in Spanish: Sunday, 1:30 pm
- Daily: Monday-Thursday, 8:30 am, in the rectory; Friday, 9:00 am, in church and 5:30 pm on the first Friday of the Month.
- First Friday: 9:00 am and 5:30 pm (English); 7:00 pm (Spanish)
- Confessions: Saturday, 4:00 pm to 4:45 pm
- Eucharistic Adoration: Friday, 6:00 am - 5:30 pm

Director of Religious Education

Pearl Laguna

Phone: 801-891-7598

Email: pearl.lagua@icloud.com

Facebook Group: <https://www.facebook.com/groups/StAnnReligiousEducation/>

Website: <https://SaintAnnReligiousEd.weebly.com/>



Required Prayers

Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom comes; Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Reciting the Holy Rosary in October

The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell. The third day He arose again from the dead; He ascended into Heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Glory Be

Glory be to the Father, and the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Act of Contrition

O my God, I am heartfully sorry for having offended thee, and I detest all my sins because of Thy just punishment, but most of all because I have offended Thee my God, Who is all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more, and to avoid the near occasion of sin. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Amen.

Morning Offering

Dear Lord, I do not know what will happen to me today. I only know that nothing will happen that was not foreseen by You and directed to my greater good from all eternity. I adore Your holy and unfathomable plans and submit to them with all my heart for love of You, the Pope, and the Immaculate Heart of Mary. Amen.

Guardian Angel

Prayer Angel of God, my Guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. Amen.

Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.



Saint Ann's Parish

Sacrament Requirements

The Sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us...They bear fruit in those who receive them with the required dispositions.

CCC 1131 Requirements are as follows:

First Reconciliation and First Holy Communion

- Must be baptized.
- Must be in 2nd through 11th grades.
- Must attend Sunday classes.
- Must attend weekly Sunday Mass and Holy Days of Obligation.
- Must have basic Catholic prayer knowledge.
- No sponsor is required in the Diocese of Salt Lake City.
- **This is a 2-year Process.**

Requirements for the Sacrament of Confirmation

- Must be baptized and have received their First Holy Communion (or enrolled in Older Sacraments Class).
- Must be in 8th through 11th grades.
- Must attend weekly Sunday classes.
- Must attend weekly Sunday Mass and Holy Days of Obligation.
- Must have basic Catholic prayer knowledge.
- Must participate in at least 20 hours of Community Service (outlined below).
- Must choose a Saint name (outlined below).
- Must choose appropriate Sponsor Deadline to be announced (see Sponsor requirements below).
- **This a 2-year Process.**

Sponsor Forms

Confirmation students need a sponsor. Sponsor forms will be handed out in the first Parents meeting. These forms are due no later than December 1st. If these are not received by the deadline, your child will not be able to receive Confirmation.



Requirements for being a Confirmation Sponsor

- Must be someone other than the parent of the one to be confirmed.
- Must have received the Sacraments of Baptism, Confirmation and Holy Eucharist.
- Must be at least 16 years of age and may be male or female regardless of the sex of the candidate.
- Must be leading a life in harmony with the faith and the role to be undertaken; therefore, if married, must be married in the Church and if single must be striving to live a chaste life and therefore cannot be living with a person outside of marriage.
- Must be a practicing Catholic, registered in a parish, who regularly attends Mass on Sundays and Holy Days and receives the Holy Eucharist.

Saint Names

Confirmation students will need to pick a saint name. Their teacher will review different saints with them in class but they will need to do some additional research at home, including writing a report about their chosen saint. They should choose a saint that best fits their personality and interests. Find traits that best fit them as a person or focuses on a virtue they need help with. What are your child's ambitions in life? Is there a saint that focuses on their career choices? Finally, when a saint is chosen, they should pray to that saint to intervene on their behalf and to help them make positive moral choices. Ask them to be a powerful guide in their spiritual life. The child should be prepared to answer questions such as:

- Who their saint is and why they want the saint to be their Confirmation name?
- When is their feast day, their birth, and their death will also be asked on Confirmation name forms?
- They will also need to give two examples of how the saint was a witness and disciple of Jesus Christ.

Saint Websites: [HTTPS://WWW.CATHOLIC.ORG/SAINTS/](https://www.catholic.org/saints/) and [HTTPS://MYCATHOLIC.LIFE/SAINTS/](https://mycatholic.life/saints/).

Attendance Policy

Absences

Parents must inform the Religious Education Coordinator of an upcoming absence or sickness by calling or emailing or leaving a signed and dated note. In the event of three (3) absences (excused or unexcused) in a school year, the Religious Education Office will contact the parents of the student in question to determine whether their student will be allowed to continue their religious education class and maybe a reason to postpone any Sacraments until the following year.



Being late to class is a distraction and disrupts the class. Any student 5 minutes late or more will be counted as tardy. Two tardies will be marked as an absence!



All absences must be made up by the student by completing any work assigned by the catechists.

Class Cancellation

Due to inclement weather, we reserve the right to cancel classes. Please visit the Facebook page (facebook.com/groups/StAnn CCD) on days of poor weather to check if classes are canceled.

Expectations of Parents and the Parish

You have asked to have your child baptized, receive First Holy Communion, and/or be Confirmed. In doing so you are accepting the responsibility of training him/her in the practice of the faith. It will be your duty to bring him/her up to keep God's commandments as Christ taught us, by loving God and our neighbor.

We are here to help you keep the promise you made at your child's baptism. We want to support you in teaching your child the Catholic faith according to the Church's teachings and wisdom in the Catechism of the Catholic Church by providing catechists, space and safety for children ages 5 – 18.

We expect you, as parents, to help us help you by:

- Attend ALL Parent's meetings.
- Bring your children to Sunday Mass each week and on Holy Days of Obligation.
- Bring your children to the Sacrament of Reconciliation for healing, pardon, and peace.
- Pray and learn the basic Catholic Prayers and Practices at home together.
- Foster your understanding and knowledge of the Catholic faith.
- Bring your child to classes faithfully and on-time.
- Attend all mandatory parent/student meetings, retreats, and classes.
- Check the St. Ann's CCD Facebook page for updates.
- Help your child remember their textbooks and materials for every class.
- Help your child fulfill the requirements and any assignments.
- Help your child turn in any assignments and forms when they are due.
- Support the NO CELL PHONES ALLOWED policy in classes.
- Inform the DRE of any phone or address changes immediately.



- Volunteer for at least one activity (see list under Volunteers).
- Respect our pastor, catechists, coordinators, administration, rules, building, and property.

Parents must sign and date the Religious Education Parent Commitment Form.

Safety

To create a safe environment, St. Ann's Religious Education will follow policies and procedures set forth by the Diocese of Salt Lake City.

Drop Off and Pick Up

Students are expected to be taken to and from classrooms by their parents or by another authorized adult. **No children are to be left unsupervised at any time.** Children will only be released to their parent or another authorized adult. Parents or other authorized adults must come to the classroom to pick up their child from the library.

Fires and Other Emergencies

In case of an emergency, we will meet in at the large pine tree in the grass beside the church. Please pick up your child from the catechist. For all other emergencies, such as earthquake, once safe to leave the building we will also meet at the pine tree in the grass next to the church for pickup. If this is unsafe, we will go to the baseball field. Please join the GroupMe text messaging system so we can notify all parents as soon as possible.

Circle of Grace

We use the Diocesan appointed Circle of Grace Curriculum for all students to teach them of their God-given right to be loved and cared for.

Behavior and Discipline

Christian learning takes place in a loving Christian environment. For this reason, the following behaviors, which include but are not limited to those listed below, will not be tolerated by anyone involved in Religious Education activities:

- Blasphemies and other foul languages.
- Disrespect and disobedience.
- Verbal threats and physical violence.
- Abuse of age-inappropriate or illegal substances.
- Impure language or acts.
- Littering, vandalizing or stealing.



- No cell phones during class, if your child brings a phone it will be turned in at the beginning of class and returned at the end.

Because of time needed to correct behavior and the disruption caused by the behavior the Director of Religious Education, staff, catechists and volunteers who are responsible for discipline in the absence of parents will take these steps:

- Misbehaving children will be given the first warning to cease the misbehavior with an explanation of what the child has done.
- If misbehavior continues the child will be accompanied to the Religious Education Office and their parents will be notified. The parents, catechist, and coordinator of Religious Education will meet to discuss disciplinary actions at their earliest convenience.

Dress Code

Parents are advised to be aware of what their children wear to all Religious Education activities. Students should wear clothing that shows reverence and respect for themselves and their Church. Clothing should be appropriate for Mass because classes often enter the sanctuary or chapel for special activities and prayers.

Parent Volunteers

Without many volunteers, we cannot provide the religious education that your children deserve. Please consider giving your time and talent.

Catechist Requirements

Recruiting can be quite an event. I found it best to use the time during student registration and by requesting teachers during the announcements after mass and in the church bulletin. Teacher requirements are:

- Active members of the church.
- Catechist training.
- Pass a background check.
- Safe Haven Training.

Director of Religious Education (DRE), Catechists, and Catechist Aids

This program is run by volunteers. The Director, Catechists and Catechist Aides are volunteers who practice their Catholic faith daily, which includes attending Mass every weekend. Please understand, most of these people work full-time jobs. Please be kind. If you would like to become a Catechist or Catechist Aid, please reach out to the DRE.



Other Volunteer Opportunities

- First Reconciliation Night of Preparation.
- First Communion Night of Preparation.
- Service Projects
- Office Help.
- Registration Help.



Every volunteer with direct contact with children in our program must complete a background check and comply with the Safe Environment Online Training requirements of the Diocese of Salt Lake City.

Registration and Fees

Registration

You **MUST** bring a copy of your child's Birth Certificate and Baptismal Certificate to register. Registration will not be complete until Parents and Students sign a Religious Education Commitment Form.

Registration for Religious Education Classes will be held on the following:

- 08/17/19: After 5 pm mass.
- 08/18/19: After 9 am and 11 am masses.
- 08/24/19: After 5 pm mass.
- 08/25/19: After 9 am and 11 am masses.

Fees

\$50.00 per year, per student. Check or Cash only.



No child will be turned away because of cost. Please let us know of any family hardships or need for tuition assistance.



Mass sheets

Mass sheets must be completed every Sunday and returned to your child's teacher the following week. The teacher will review the sheets in class. Mass Sheets have many different purposes.

1. They allow your child to focus on the teachings presented in Mass.
2. They allow your child to attend Mass at Saint Ann's or whichever parish is the most convenient. We desire that they attend Mass, it doesn't matter which Catholic church they go to.
3. They allow the child to see how the teachings relate to their own life.
4. They do not require a stamp or signature from the Priest.



**Religious Education
Mass Attendance Form**
(To be presented at every class)

Name: _____

Date: _____ Mass Time: _____

Church Attended: _____

Name of Priest: _____

Color of the Vestments? _____

What was the Gospel reading about?

What did the Gospel mean to you?

Was there something that happens in the Holy Mass or that the Priest did or said?

Service Projects

As mentioned above, sacramental students are required to have 20 hours of service. Rather than holiday parties this year, we will hold group service projects but for the majority of their hours, you must help your child plan and reach the 20-hour requirement. Some service projects kids can do are:

Help a Neighbor in Need:

- Shoveling snow.
- Raking leaves.
- Making dinners or treats.
- Etc...

Helping Family:

- Spending quality time with siblings.
- Special chores around the house.
- Babysitting.
- Helping with meals.

Links

- <https://www.catholic.org/saints/>
- <https://mycatholic.life/saints/>
- <https://lexington.cmgconnect.org/>
- <https://www.facebook.com/groups/519544402151617/>

